

JANUARY 2025

Ethel Reed Elementary

Breakfast & Lunch Menu

We are Offer vs Serve.
We are required to offer 5 components for Lunch. Students need to take at least 3 of the 5.
Milk, Grain, Meat, Veg, Fruit

Monday

Tuesday

Wednesday

Thursday

Friday



6

Breakfast:
Waffles or
Cereal & Toast, Fruit

Lunch:
Burrito, Rice
Veg & Fruit

7

Breakfast:
Biscuit & Gravy or
Cereal & Toast, Fruit

Lunch:
Hot Dog & FF
Veg & Fruit. Pudding

8

Breakfast:
Tornado & Toast or
Cereal & Toast, Fruit

Lunch:
Baked Pasta, Bread Stick
Veg & Fruit

9

Breakfast:
Muffin & Cheese Stick or
Cereal & Toast, Fruit

Lunch:
Chicken & Noodles, Bread Stick
Veg & Fruit

10

Breakfast:
Pancakes & Sausage or
Cereal & Toast, Fruit

Lunch:
Fish Sticks & FF
Veg & Fruit

13

Breakfast:
Chicken Biscuit or
Cereal & Toast, Fruit

**Lunch Chosen by the
3rd Grade Classes**

14

Breakfast:
French toast Sticks or
Cereal & Toast, Fruit

Lunch:
Pizza
Veg & Fruit. Cake

15

Breakfast:
Combo Bar, Hashbrown & Toast
Or Cereal & Toast, Fruit

Lunch:
Chicken Fry Dinner

16

Breakfast:
Donut or
Cereal & Toast, Fruit

Lunch:
Soup & Grilled Cheese
Veg & Fruit

17

Breakfast:
Biscuit & Chocolate Gravy or
Cereal & Toast, Fruit

Lunch:
Nachos & Cheese
Veg & Fruit. Brownie



20

Breakfast:
Pizza or
Cereal & Toast, Fruit

Lunch:
Salisbury Steak Dinner

21

Breakfast:
Tornado & Toast or
Cereal & Toast, Fruit

Lunch:
Taco Salad
Veg & Fruit

22

Breakfast:
Muffin & Cheese Stick or
Cereal & Toast, Fruit

Lunch:
Cowboy Stew & Cornbread
Veg & Fruit

23

Breakfast:
Pancakes & Sausage or
Cereal & Toast, Fruit

Lunch:
Chicken Nuggets & FF
Veg & Fruit

27

Breakfast:
Sausage Biscuit or
Cereal & Toast, Fruit

Lunch:
Chili Frito Pie
Veg & Fruit

28

Breakfast:
French toast Sticks or
Cereal & Toast, Fruit

Lunch:
Chicken Sandwich & Chips
Veg & Fruit. Cookie

29

Breakfast:
Combo Bar, Hashbrown & Toast
Or Cereal & Toast, Fruit

Lunch:
Pig in a Blanket
Veg & Fruit

30

Breakfast:
Donut or
Cereal & Toast, Fruit

Lunch:
Steak Sandwich & Chips
Veg & Fruit

31

Breakfast:
Pancakes & Sausage or
Cereal & Toast, Fruit

Lunch:
Chicken Nuggets & FF
Veg & Fruit

This institution is an equal opportunity employer.